## **Exploring Happiness from the Universal Human Value Education Perspectives**

The Green Environment Club, Department of Applied Sciences, GCET in association with Knowledge Tech Educational and Social Welfare Trust organizes webinar on \*Exploring Happiness from the Universal Human Value Education Perspectives\* on 27th January 2022



## Report

## "Exploring Happiness from the Universal Human Values Education Perspectives"

On 27th January 2022, The Green Environment Club, Department of Applied Sciences, Galgotias College Of Engineering And Technology in association with Knowledge Tech Educational and Social Welfare Trust organised a webinar on "Exploring Happiness from the universal human values education perspectives" under the guidance of Dr. Rajesh Tripathi, HOD of Applied sciences, Dr. Bipin Kumar Srivastava as the Organiser, Ms. Pratiksha Bhatia, Dr. Anuradha Saha, Dr. Indu Tyagi and Dr. Manju as coordinators. Chief guest for the webinar was Mr. Pankaj Munjal. The inauguration program began with the invocation of the goddess Maa Saraswati. After which the dignitaries virtually inaugurated with the lighting of the lamp. The welcome address was given by the volunteers. The Program coordinator officially welcomed the gathering, the speakers, participants and the dignitaries.

The chief guest for the inauguration program, Mr. Pankaj Munjal was introduced. He started his career as an Engineer after pursuing Professional courses from Board of Technical Education (BTE), Institution of Engineers (AMIE) and Delhi College of Engineering (DCE) and afterwards worked with corporate sector and taught Engineering at affiliated colleges of GGS Indraprastha University and UP Technical University for nearly 20 years.

Mr. Munjal addressed the participants on the importance of Happiness and various steps to achieve it. At first he showed an image of two elderly people and ask participants what this picture want to convey and after going through various responses, he concluded that picture depicts what they want!!

After this he discuss and explain what is real happiness and what are the sources of happiness, he explains some of the sources such as physical facilities/conveniences, he continued and tell that we materialistic things give as only temporary happiness, we will be happy only with our mind. Second source of happiness is Mutual Fulfillment in Relationship, we will be happy if we are emotionally connect with our close ones because then only if we have certain disputes then we understand each other instead of being sad. He also tells that

happiness can never be continuity because the source is outside and happiness is also feeding from others.

After Question-and-Answer session, on behalf of the Department of Applied Sciences, E-memento was presented to Mr. Munjal and ended the session with a vote of thanks for sparing the time from his busiest schedule to grace the occasion. The volunteers were Kartikeya Pratap Singh, Anjali, Eshita Singh, Anshika Nigam, Abhishek Pandey, Daksh Sahu, Arpita Singh, Abhishek Srivastava, Ankit, Anuj Pratap Singh, Kishan Gupta, Hammad Khan, Varun and Ishita Agrawal.



